

We welcome you to visit our working farm to see all our animals. Spring is a busy time of year here at Bridges Farm with new calves and lambs arriving between February and April, as well as chicks hatching. This year we are opening the farm for the day to raise money for the upkeep and fabric of the beautiful St Mary's Church in Kersey and Meningitis Now.

### **Health and Safety Information:**

When visiting our farm please remember it is a working farm so you should take care and keep an eye on your children at all times, they are your responsibility. It's probably a good idea to wear wellies.

Hand washing is essential after visiting the farm. We will provide hand washing facilities with hot and cold running water and facilities for washing boots and buggy wheels.

**PREGNANT WOMEN** - Organisms which cause abortion in sheep and cattle can cause miscarriage and illness in pregnant women. Transmission is thought to be via direct contact with amniotic fluid and placenta (Only present at the birth while the lamb is still wet). However, we strongly advise that pregnant women do not touch the ewes and lambs or cows and calves.

The risk is very low, even if a farm has these infections, which we don't.

Below is a link to government advice, which basically advises pregnant women: don't actually deliver lambs or calves, don't milk ewes, avoid contact with aborted or new born lambs, calves or contaminated bedding, boots or clothing. Be extra vigilant with hand washing and keeping clean.

<https://www.gov.uk/guidance/pregnancy-advice-on-contact-with-animals-that-are-giving-birth#:~:text=In%20order%20to%20protect%20their,particularly%20sheep%2C%20cattle%20and%20goats.>

Our advice to pregnant women is come and enjoy a visit to our farm with your family, but don't touch the sheep or cattle, and make sure your family wash their hands and they wash contaminated clothing/boots after touching the animals.